

November 2019
FREE Diabetes Learning Sessions

Tara Stevenson, RN, BSN, CDE
Merri Leach, MPH, RD, LD

Understanding Diabetes/PreDM
11-7-2019 at 1:00pm

Nutrition and Healthy Eating
11-11-2019 (Monday) at 1:00pm

Activity and Medication Options
11-14-2019 at 1:00pm

Reducing Diabetes Risks
11-21-2019 at 1:00pm

Nutrition and Healthy Eating
11-25-2019 (Monday) at 1:00pm

Choose the session that's right for you!
Learning Sessions are FREE for all patients with
diabetes and family members are also
welcome, but please call in advance to
register.

