

August 2018
FREE Diabetes Learning Sessions

Tara Stevenson, RN, BSN, CDE
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Newly Diagnosed or at Risk
8-7-2018 at 1pm

Basic Nutrition
8-16-2018 at 1pm

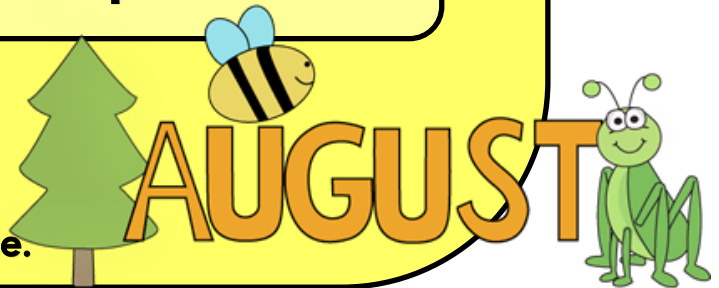
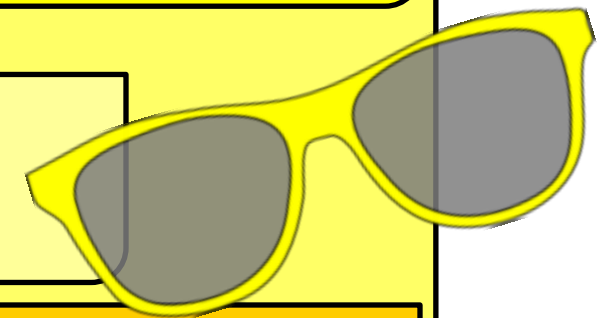
Activity and Medications
8-23-2018 at 1pm

Reduce the Risks
8-28-2018 at 1pm

Diabetes and Stress
8-30-2018 at 1pm

Choose the class that's right for you!

Classes are **FREE** for all patients with diabetes, family members also welcome.



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