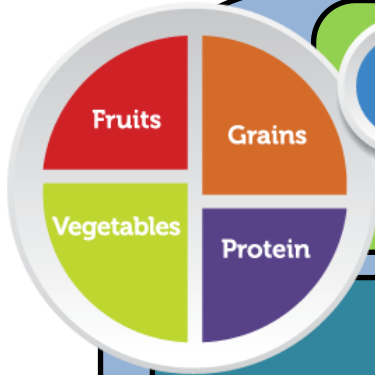


**June 2018**  
**FREE Food is Fuel For Kids**

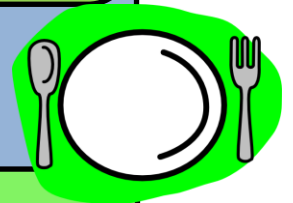
**Instructor: Aubrey Monical, RD, LD**

**Call to Sign Up: 816-901-1036**



**When: 6-27-2018 at 4pm**  
**Where: Family Medicine**  
**2303 Village Drive St. Joseph, MO**

**Learn How To:**



**Build Healthy Family Meals**

**Read Nutrition Labels**

**Keep Your Heart Healthy**

**Increase Activity**

**Set Goals as A Family**

