

April 2018
FREE Diabetes Education Classes

Tara Stevenson, RN, BSN, CDE
Aubrey Monical, RD, LD

Newly Diagnosed or at Risk
4-5-2018 at 1pm

Carbs and Meal Planning
4-10-2018 at 1pm

Activity and Medications
4-17-2018 at 1pm

Reduce the Risks
4-19-2018 at 1pm

Diabetes and Stress
4-26-2018 at 1pm

Choose the class that's right for you!

Classes are **FREE** for all patients with diabetes, family members also welcome.