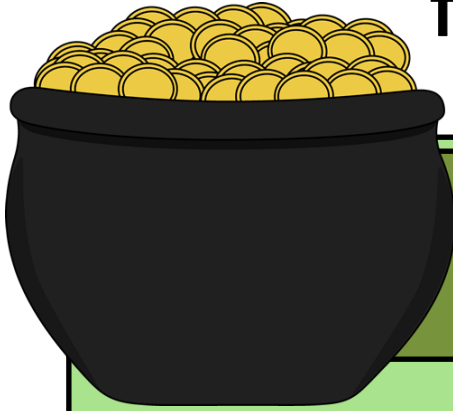


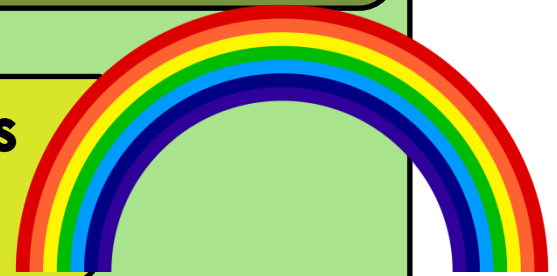
March 2018
FREE Diabetes Education Classes

Tara Stevenson, RN, BSN, CDE
Aubrey Monical, RD, LD



Pre-Diabetes and Diabetes
3-1-2018 at 1pm

Nutrition & Carbohydrates
3-8-2018 at 1pm



Medication Options & Activity
3-13-2018 at 1pm



Reduce the Risks
3-20-2018 at 1pm



Support and Coping
3-29-2018 at 1pm



Choose the class that's right for you!

Classes are FREE for all patients with diabetes, family members also welcome.