

January
FREE Diabetes Education Classes

Tara Stevenson, RN, BSN, CDE
Aubrey Monical, RD, LD

What is Diabetes?

1-9-2017 1pm

New Year's Nutrition

1-11-2017 1pm

Active and On Track

1-16-2017 1pm

Preventing Complications

1-25-2017 1pm

Avoid the Winter Blues

1-30-2017 1pm

Choose the class that's right for you!

Classes are **FREE** for all patients with diabetes, family members also welcome.