April 2018 FREE Diabetes Education Classes

Tara Stevenson, RN, BSN, CDE Aubrey Monical, RD, LD

Newly Diagnosed or at Risk 4-5-2018 at 1pm

Carbs and Meal Planning
4-10-2018 at 1pm

Activity and Medications 4-17-2018 at 1pm

Reduce the Risks 4-19-2018 at 1pm

> Diabetes and Stress 4-26-2018 at 1pm

Choose the class that's right for you!

Classes are FREE for all patients with diabetes, family members also welcome.



Family Medicine Associates

2303 Village Drive St. Joseph MO, 64506
RN, CDE Phone: 816-901-1013

RD Phone: 816-901-1036