

DEPRESSION EDUCATION/SUPPORT CLASSES

If you have been diagnosed with depression or have a family member or friend dealing with this chronic disease, you are invited to attend the newly reorganized Depression Education/Support Classes.

Classes are held at Family Medicine Associates, 2303 Village Drive, St. Joseph.

There is no cost to attend these classes.

Class schedule:

Second Thursday evening of each month, 7:00-8:30

You do not have to register, just show up, sign the sign-in sheet at the front desk and someone will come lead you to the class.

If you have questions, call 816-901-1034, Monday through Friday, 8am – 4:30 pm.